



South West London

Health & Care  
Partnership

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# Overview of South West London Health & Care Partnership

South West London Joint Health Overview Scrutiny  
Committee meeting

Wednesday 30 January 2019



Sarah Blow

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Senior Responsible Officer South West London Health and Care  
Partnership

We want to use our time with you today to:

- Explain what an STP is
- Share how and why we refreshed the STP vision for South West London
- Share our emerging priorities for South West London including:
  - Emerging clinical vision & priorities
  - Discuss developing Local Health and Care Plans for each borough
    - Outline NHS Long Term Plan & what it means for South West London
    - Update you on our work programmes and their achievements
- Answer any questions you may have

# What is an STP?

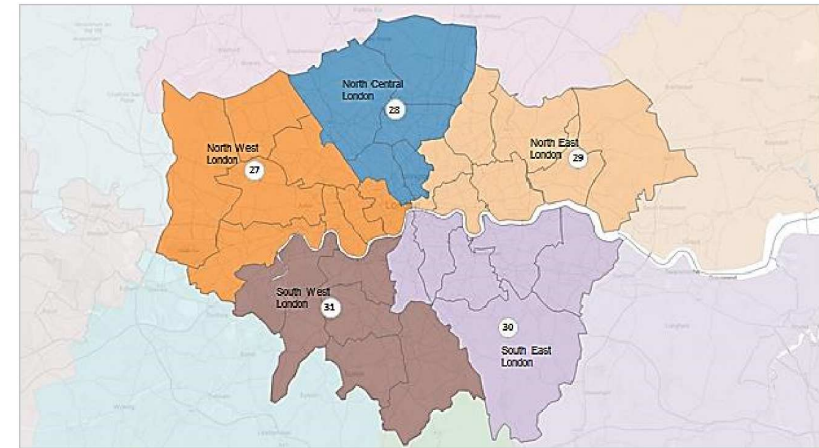
It's a partnership: care is better when it is centred around a person, not an organisation.

Bring together all NHS organisations with local authorities and other partners, to work together to provide joined-up care for local people

Delivering the NHS Five Year Forward View- 44 STPs in England areas were originally identified as the geographical “footprints” on which the plans were based. They were plans not partnerships.

5 STPs were created in London

- South West London
- South East London
- North Central London
- North East London
- North West London



Last we agreed to we agreed that we would be a South West London Health and care Partnership.

# Who makes up our Health and Care Partnership

Local NHS clinical commissioning groups, provider trusts, local authorities and patient representatives across south west London came together to form the South West London Health and Care Partnership.

## South West London's Health and Care Partners are:

- Our six Clinical Commissioning Groups (CCG) of: Croydon, Kingston, Merton, Richmond, Sutton and Wandsworth
- Our six local authorities: Croydon, Kingston, Merton, Richmond, Sutton and Wandsworth
- Our acute and community providers: Central London Community Healthcare, Croydon Health Services NHS Trust, Epsom and St Helier University Hospitals NHS Trust, Hounslow and Richmond Community Healthcare, Kingston Hospital NHS Foundation Trust, Royal Marsden Foundation Trust, St George's NHS Foundation Trust, and Your Healthcare
- Our two mental health providers: South West London and St George's Mental Health NHS Trust, South London and the Maudsley NHS Foundation Trust
- GP Federations in each of the six boroughs
- London Ambulance Service
- Healthwatch
- Voluntary sector

We want local people to **start well, live well and age well.**

We **believe** in an inclusive and innovative approach to care.

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# In November 2017 we refreshed the South West London STP because:



The perception of the South West London STP has been:

- Closure of hospitals
- Hospital bed reduction
- Stakeholders were not signed up to the financial analysis
- Some local authorities did not feel fully involved and felt social care was not integral enough in the plan

Our refreshed approach is emphasising:

- Prevention and early intervention - tackling the social determinants of health
- Local partnerships strengthening focus on locality teams made up of community, primary and social care
- The actions that we will take to deliver improvements for local people
- The progress we have made at local level for patients in our first year

We believe in an inclusive and innovative approach to care.

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# People engaged around creating the STP refresh



... listened to feedback and developed a two-stage approach to the refresh to allow time for discussions with organisations with relevant key stakeholders, and more time to develop fully worked up *Local Health and Care Plans*.

... e one : November 2017

**South West London STP one year on:** a discussion document which outlines Health and Care commitments and priorities for the next two years, context including financial and clinical issues, and our delivery so far

... e Two : Spring 2019

**Publish “Local Health and Care Plans” for each borough** The borough’s vision; model for health and care; local context and challenges; actions to address financial and clinical sustainability issues and meet the health and care needs of the local population. We will co-produce these plans with local authorities and wider partners.

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# Feedback from local communities informed the November 2017 Refresh

## Keeping in touch with local communities

Local events for people to discuss the Partnership with clinicians, managers and local authorities in our six boroughs.

## Grassroots engagement

Working with local Healthwatch organisations, we have run an extensive grassroots engagement programme, reaching 5,000 seldom heard people - shortlisted for a national award.

## Patient and Public Engagement Steering Group

Our Patient and Public Engagement Steering Group (PPESG) advises us on all communications and engagement with representatives from across each borough





# Approach to patient engagement

## Direct involvement



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Julia – Cancer Clinical Design Group

- Decision making level
- Independent challenge
- Reps (PPVs and HW) on clinical/strategic groups, patient stories
- PPESG

## Wider participation



- Ongoing conversations, builds relationships
- Insight informs strategy development + work streams
- Grassroots outreach

## Targeted engagement



- Influence and shape service/pathways in each work stream
- Focus groups, surveys, face to face e.g. perinatal mental health; CYP people self harm

## You Said: We Did



- 5,000 contacts last year
- Feedback to each work stream/and SRO
- This report details impact

As our result our refreshed partnership approach is ...



A local approach works best for planning health and care.

Strengthen the focus on prevention and keeping people well – the greatest influences on our health and wellbeing are factors such as education, employment, housing, healthy habits in our communities and social connections.

The best bed is your own bed – lets keep people well and out of hospital.

Care is better when it is centred around a person, not an organisation. Clinicians and care workers tell us this.

The South West London Health and Care Partnership is coming together to champion children and young people's mental health as a shared health promotion and prevention priority.

Involving people at local level will remain critical.

We believe in an inclusive and innovative approach to care.

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# Developing South West London Clinical Vision and Priorities

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Dr Andrew Murray, GP Chair of Merton CCG

# Clinical vision

Members of the Clinical Senate have been developing their thinking on creating a clinical vision and strategy for SWL:

- We will join-up and continuously improve health and care so that people experience seamless high quality services when they need it.
- We are committed to improving the health and wellbeing of our population and workforce, and will work together to champion healthy lifestyle choices.
- We will do this by encouraging innovation, embracing technology, guided by good information and what our residents and frontline staff tell us.

**We are focussed on three overarching system priorities**



# Developing clinical priorities- clinical conference

We will agree and develop our overarching system priorities and clinical priorities at our Clinically-led South West London Conference in April 2019

- c.300 people

- Mixture of clinicians and professionals

Our aim is to bring together clinicians and professionals in South West London to shape the South West London Clinical Strategy so that their experiences, expertise and ambitions drive it and they feel ownership of it.

Without pre-empting our conference outcomes emerging clinical priorities which we will work on at the conference are ....



# System-wide focus: Children and Young People's Mental Health



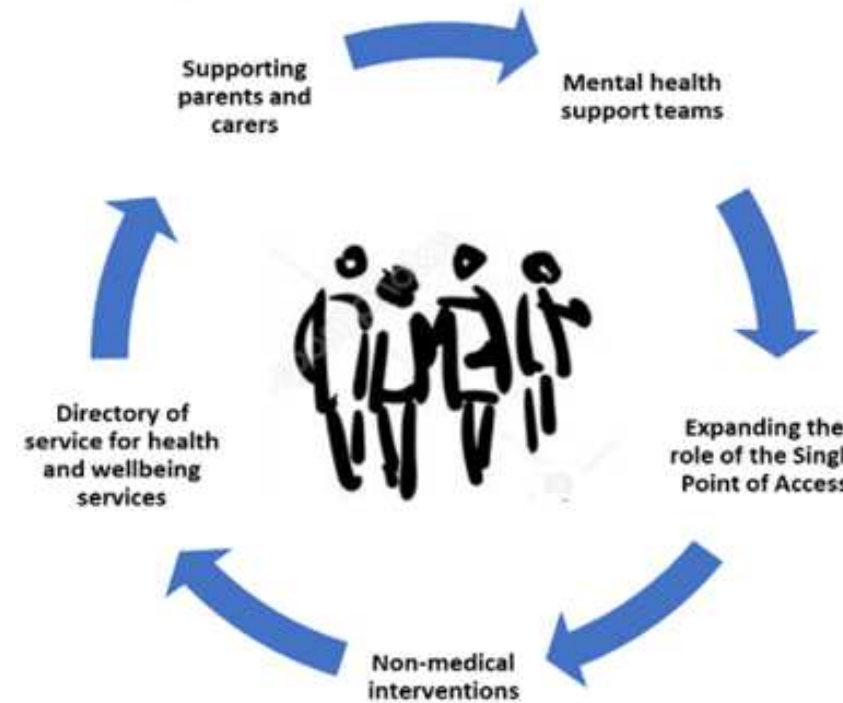
Health and Care Partnership agreed to this one health promotion and prevention priority as a system.

Across south west London we have a high number of children who are self-harming.

Since January 2018, we have come together as a children and young people's partnership group, made up of Head Teachers, GPs, mental health professionals, health and social care professionals and the voluntary sector from across south west London - people on the frontline who work with children every day.

We also engaged with over 1,200 children, young people, parents and carers in our boroughs to prioritise these actions for us.

## Our picture of CYPMH transformation in SWL



We believe in an inclusive and innovative approach to care.

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# The partnership has secured £1.85m funding for children and young people



Secured £1.85m of national trailblazer funding to create mental health support teams in three of our SWL Boroughs, building on the work we are already doing.

This will include new services such as online peer support for young people, mental health first aid for teachers and courses for parents to help them talk to their children about mental well-being, a single point of access services, and a directory of services.

While the trailblazer pilot covers the boroughs of Merton, Sutton and Wandsworth; Croydon, Kingston and Richmond will be “fast followers” to adopt the learnings from these initial pilots



# Developing Local Health and Care Plans

Dr Andrew Murray, GP Chair Merton CCG

Dr Jeff Croucher, GP Chair Sutton CCG

# Local Health and Care plans- Background



In November 2017, we agreed that, to produce borough based local health and care plans.

Since that time local systems have been working on defining their cases for improvement and using this information have held engagement events to define actions that will have the greatest impact on the issues identified.

In November 2018 we held health and care plan events in each borough

Aim was to help define actions for next two years that will have biggest impact on the population

Design groups held in each borough with representatives from Health, Social Care and the voluntary sector partners

On average 150 people attended each event – just under 1000 people in total

# Local plans to address local issues

These plans will:

- Identify what it means to *start, live and age well* in the borough and the actions that will be taken to ensure the vision for each is met
- Be co-designed and owned by both health and local authority partners
- Address the developing health and care needs of the local population
- Outline the vision for health and care locally and the health and care model in the borough
- Identify and address financial issues in the borough so that we can take a system-wide approach to our collective financial challenges
- Identify and address workforce, clinical and other sustainability issues in the borough
- Outline what the local system will do to support the SWL health prevention/promotion priority (Children and Young People's Mental Health)
- Be designed to meet national performance targets or other requirements

# Merton Health and Care Plan

# Merton Local Health & Care Plan

Electronic app to self-identify needs



Health and Care Together



Dr. Andrew Murray

## What makes Merton special?

How we work together

Mental health & housing is a big concern in Merton

lots of green spaces!

ONE STOP SHOPS for therapies & other services in schools

## MINIMISE FAST FOOD SERVICES

## Support for mums, pre & post natal Service Improvement

# ONE BIG IDEA

How do we help people live happy & fulfilling lives?

It's a challenging time of cuts & reductions



Dr. Dagmar Zeuner

Zoe

## PREVENTION

Understanding social media & modern pressures on young people

RED BAG FOR MENTAL HEALTH

Medication Background info change name to 'my bag'

DIRECTORY listing all services UPDATED REGULARLY

Physical health checks for over 50's

Link young people with marginalised communities

Increased healthy eating knowledge

Well Surg

Need better lifting services

We have a problem with unhealthy lifestyles!

hidden harms like loneliness & winter deaths.

More holistic solutions like classes, groups...

Teach people to use technology.

more variety of peer support

## SUPPORTING CARERS

Public health Campaign around advance care planning

'YOU DAY' school activity & engagement day

More variations of peer support groups

Share on Sp

Well ge Well

Needs to be more done to prevent people sliding into crime, illness & poverty

More clubs & activities for young people & support groups for older people.

More Diabetes & Dementia nurses in hospitals

Looking after ourselves

A PERSON CENTRED APPROACH

Children's development services

Get the issue on prime time TV

Highlight choice in end of life care



STIGMA Stops people seeking help

## MORE FUNDING!

DISCOUNTED GYM MEMBERSHIPS

invite local councillors to represent their views

## Existing Services

## BETTER SIGNPOSTING

Well advertised MHS for young people

support early age

Better communication about & between available services

# Sutton HEALTH & CARE

29th  
Nov  
2018

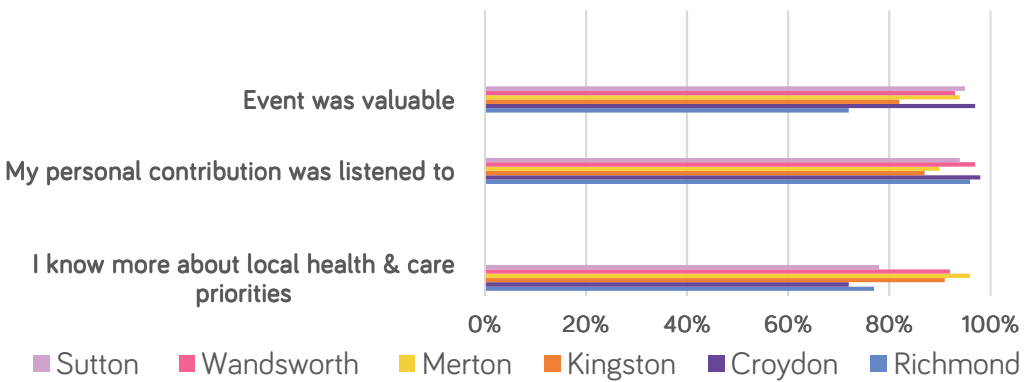


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Video of events will play here

# High level feedback from participants at the events ...

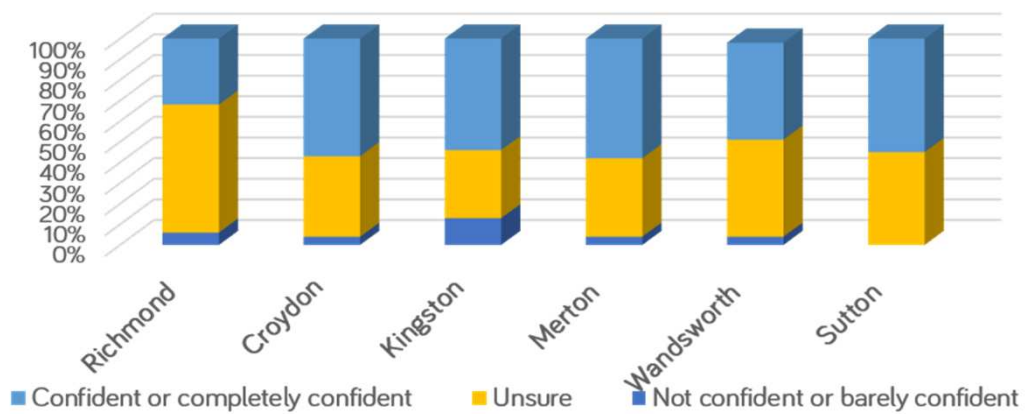
% of people who felt the event was worthwhile



'We are all saying and wanting the same thing for the borough; customer, colleagues, family and friends'



Priorities outlined will make a positive difference to health and care services in this borough



'The time spent and the efforts put in the event made me confident about the future results'

'Eye-opening and reassuring'

'I got to mix and mingle with brilliant people from all walks of life'

'Everyone listened with no interrupting and equal opportunities'



# NHS Long Term Plan

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Sarah Blow



# NHS Long Term Plan



In June 2018, the Prime Minister made a commitment that the Government would provide more funding for the NHS for each of the next five years, with an average increase of 3.4% a year.

In return, the NHS was asked to come together to develop a long term plan for the future of the service, detailing our ambitions for improvement over the next decade, and our plans to meet them over the five years of the funding settlement.

The Long Term Plan sets out specific ideas and ambitions for how the NHS can improve over the next decade covering all three life stages:

## 1 Making sure everyone gets the best opportunity to **start well**;

through better maternity services, joining up services from birth through to age 25, improving care for children with long term conditions like asthma, epilepsy and diabetes; revolutionising how the NHS cares for children and young people with poor mental health with more services in schools and colleges.

## 2 Delivering world-class care for major health problems to help people **live well**;

with faster and better diagnosis, treatment and care for the most common killers, including cancer, heart disease, stroke and lung disease, achieving survival rates that are among the best in the world. Supporting individuals with mental health problems, making it easier to access talking therapies and transforming how the NHS responds.

## 3 Supporting people to **age well**;

with fast and appropriate care in the community, including in care homes, to prevent avoidable hospital admissions for frail and older people by increasing the numbers of people who can take control of their healthcare through personal budgets.

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# NHS Long Term Plan- what does it mean for SWL?

Now the plan has been published, local SWL health and care organisations, working together as part of systems, are being asked to develop their own strategies for the next five years.

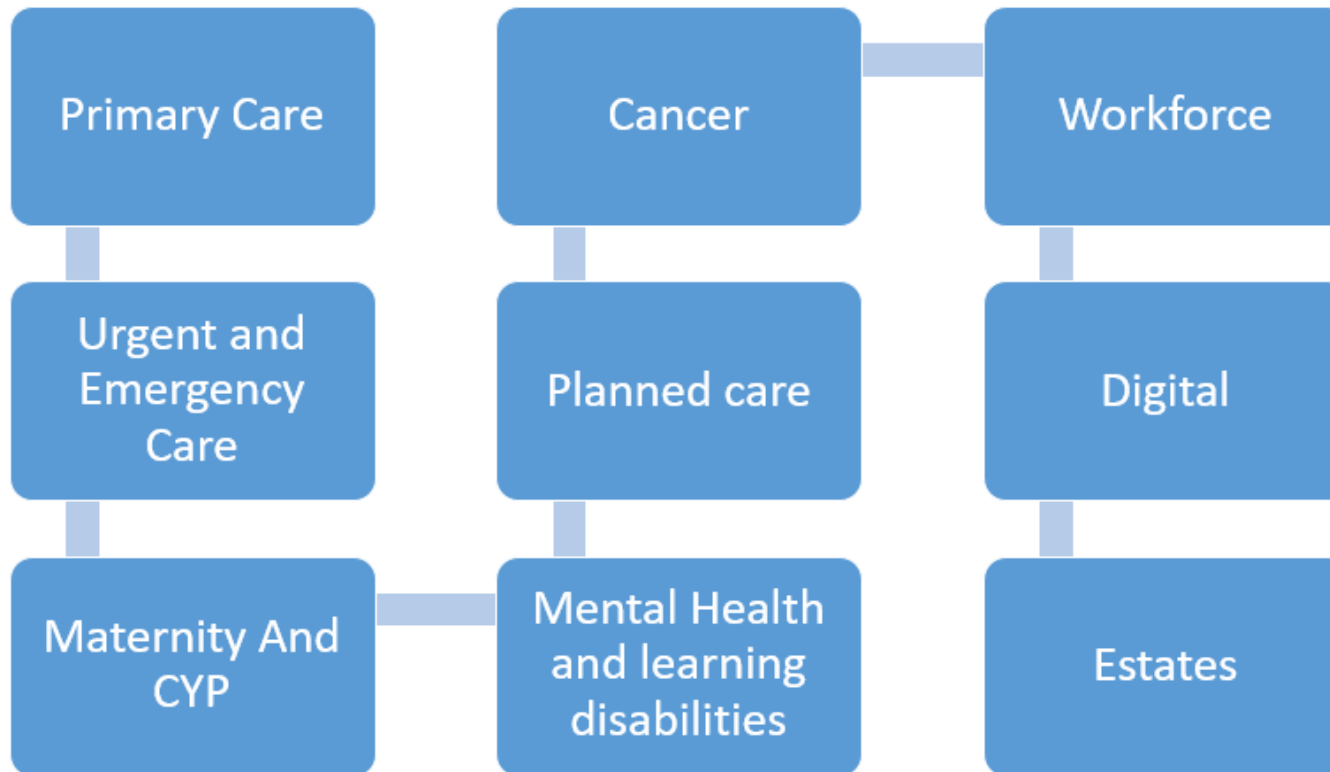
These strategies will set out how they intend to take the ambitions that the NHS Long Term Plan details, and work together to turn them into local action to improve services and the health and wellbeing of the communities they serve – building on the work they have already been doing.

Staff, patients, the public and stakeholders will have the opportunity to help determine what the plan means for their area, and how services need to adapt and improve.

Local Healthwatch groups will receive national funding to support local health organisations in ensuring that the views of patients and the public are heard. Age UK will be leading work across a range of other charities to provide specific opportunities to hear from people with specific health needs.



# The Health and Care Partnership programmes fall into a number of categories



# Working Together across SW London we have achieved a great deal so far....



**Secured £1.85m of national trailblazer** funding to create children and young people's mental health support teams in three of our SWL Boroughs, building on the work we are already doing.

**£4.58 million NHS England funding** for the transformation of primary care for 2018/19 providing 18,000 extra GP appointments each month

**"Red Bag" communications system** between Care Homes, London Ambulance and Hospitals, originally piloted in Sutton has reduced hospital stays by three to four days saving £167,000 a year. The initiative has now been introduced all six boroughs.

**£15.7m has been secured to support system-wide** clinical record-sharing and our digital transformation priorities.

**£600,000 investment has been secured** from Health Education England to support our workforce priorities.

**£500,000 funding secured** as part of the NHS Test Bed programme to pilot a number of digital tools to support people living with type 2 diabetes to better manage their condition.

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# Any Questions ?

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